



Men's Track and Field Records

Event	Time	Name	Club	Location	Date
100m	10.15 (1.8)	Jared Connaughton	Islanders Track and Field	Arlington, TX	2008-05-03
200m	20.30 (0.3)	Jared Connaughton	Islanders Track and Field	Fortaleza, Brazil	2012-05-09
400m	49.04	Spencer Smith	Islanders Track and Field	Calgary, AB	2011-06-22
800m	1:54:00A	Colin MacAdam			
1500m	3:47.65	Alex Cyr	University of Windsor Athletics Club	Hamilton, ON	2018-07-01
3000m	8:06.00A	Alex Neuffer			
5000m	14:20.07	Alex Neuffer	Halifax Road Hammers	Chebucto, NS	2022-07-02
110m H	19.35 (1.5)	Matthew Tanton	Islanders Track and Field	Langley, BC	2022-06-24
400m H	59.00A	Colin MacAdam			
3000m Steeplechase	10:24.07	Michael Rogers	Islanders Track and Field	Saint John, NB	2017-06-25
High Jump	1.96m	Sasho MacKenzie		Moncton, NB	1999
Long Jump	7.49m (2.0)	Kurt McCormack	Islanders Track and Field	Charlottetown, PE	2015-06-13
Triple Jump	15.54m	Kurt McCormack	Islanders Track and Field	Johnson City, TN	2010-03-06
Pole Vault	4.35m	Alf Groom	Prince Edward Island	Toronto, ON	1962-08-05
Discus	40.65m	Matthew Tanton	Islanders Track and Field	Hamilton, ON	2020-09-20
Hammer Throw	57.77m	Matt Caseley	Sparta Athletics	Tempe, AZ	2012-04-06
Javelin	51.81m	Malcolm Gilman	Islanders Track and Field	Moncton, NB	2019-07-14
Shot Put	13.51m	Matthew Caseley	Sparta Athletics	Oromocto, NB	2008
Decathlon	4798	Matthew Tanton	Islanders Track and Field	Langley, BC	2022-06-24
4x100m	43.26	Owen MacFayden, Daniel Whalen, Zach Wilson, Damon MacDonald	Islanders Track and Field	Winnipeg, MB	2017-07-31
4x400m	3:32.39	Ben Coles, Nathan Mahar, Daniel Whalen, Darcy Norton	Islanders Track and Field	Winnipeg, MB	2017-08-04