

Athletics PEI – Legion Youth Championships Standards: 2016

Note – Standards must be made at a sanctioned meet during the 2016 outdoor season. PEI Standards are based on 2016 National Legions Standards +/- 3%

Legion Nationals information can be found at <http://www.legion.ca/youth/youth-track-and-field/>

	Under 16 Girls		Under 18 Girls		Under 16 Boys		Under 18 Boys	
Event	Legion	PEI	Legion	PEI	Legion	PEI	Legion	PEI
100m	13.15	13.54	13.00	13.39	11.95	12.31	11.50	11.85
200m	26.65	27.45	26.00	26.78	24.45	25.18	23.15	23.79
300m	43.50	44.81			40.00	41.2		
400m			60	61.80			51.40	52.94
800m	2:24	2:28.32	2:20	2:24.2	2:08.65	2:12.51	1:58	2:01.54
1200m	3:56	4:03.08			3:30	3:36.30		
1500m			4:55	5:03.85			4:08	4:15.11
2000m	7:10	7:22.9			6:22	6:33.46		
3000m			10:50.00	11:29.57			9:06	9:22.38
80mh	13.45	13.85						
100mh			15.67 @76cm	16.14	16.25	16.74		
110mh							16.00	16.48
200mh	31.00 @76cm	31.93			28.5 @76cm	29.36		
300mh			48.00 @76cm	49.44			42.90 @84cm	44.19
1500mst	5:55.00 76cm no water	6:05.65			5:05.00 76cm no water	5:14.15		
2000mst			7:50.00	8:04.10			6:45	6:52.15
High	1.45	1.41	1.55	1.50	1.65	1.60	1.85	1.79
Pole V	2.60	2.52	2.80	2.73	3.30	3.20	3.50	3.39
Long	4.90	4.75	5.65	5.48	5.10	4.95	6.35	6.16
Triple	10.10	9.80	10.50	10.18	11.65	11.30	12.50	12.12
Shot	10.05 3k	9.75	12.05 3k 10.50 4k	11.69	12.05 4k	11.69	13.00 5k or 12lb	12.61
Discus	29.00	28.13	33.00	32.01	40.00 1k	38.80	40.00 1.5/1.6k	38.80
Hammer	30.00 3k	29.10	37.95 3k	36.82	35.00 4k	33.95	38.00	36.86
Javelin	32.85 500k	31.84	37.25 500k	36.13	40.00 600k	38.80	44.00 700/800k	42.68